Ascension
Saint Agnes

2021 ANNUAL REPORT

One team.
One mission.

Our mission

Rooted in the loving ministry of Jesus as healer, we commit ourselves to serving all persons with special attention to those who are poor and vulnerable. Our Catholic health ministry is dedicated to spiritually-centered, holistic care which sustains and improves the health of individuals and communities. We are advocates for a compassionate and just society through our actions and our words.

Serving the Ascension Saint Agnes team during these very trying times has been an honor and privilege. I am very proud of how our team is weathering this crisis—in fact, I believe it is our finest hour. I have been awed by the resilience of the heroic people who work throughout our organization, as well as the loyal support of this community. We are grateful for our caregivers, associates, donors, community partners, and volunteers who are helping us build vibrant Catholic healthcare and communities.

I have had the opportunity to experience first-hand the reverence, determination, and kindness that our medical team and associates so openly share each and every day. I am continually energized by the spirit of this dynamic team. They have taught us all perseverance and hope, and they never lost sight of our purpose in caring for those who are struggling the most.

In good times and those that challenge us, we are one team. This report is our story.

Ed Lovern, Health System President & CEO

I have been a member of the Foundation board for many years and have been truly humbled serving as the Chair of the Board this past year. It will be remembered as a year that courage and strength, adaptability and resiliency, teamwork and leadership, and an unwavering commitment to caring for others shined brighter than ever before.

While this has been an unprecedented time of unknowns, tumult, and change, we remain optimistic and grateful. Because of the generous support from all our donors, the Foundation was able to provide philanthropic investments for patient services, caregiver support, medical education, and community outreach. We are most grateful to all our donors that have made this possible.

We are blessed to have the opportunity to make such an impact through ongoing partnerships with each of you.

Katie Counselman Caple, Foundation Board Chair

One team. One mission.

Building a vibrant Catholic community

The Ascension Saint Agnes Foundation is making a significant impact on the communities and people we are so privileged to serve, but we can't do it without the generous support of donors like you! Please join us as we continue to live out our mission of serving those who are most vulnerable. To make your investment, visit givesaintagnes org/donate. For more information, please contact Director of Development, Season Voelker, at Season.Voelker@ascension.org or 667-234-2734.

Ascension Saint Agnes' mission was started over 150 years ago by the Daughters of Charity and can still be found woven in the way the team cares for their patients and their caregivers, in the way they approach business practices and decision making, and in how they engage within the community. It is at the core of the organization and was one of the primary reasons Trevor Bonat chose to come to Saint Agnes to serve as its Chief Mission Integration Officer.

He joined the team in July, bringing a passion and calming energy so needed during such a tumultuous time. Healthcare workers across the globe are devastatingly tired and fighting to hold onto their purpose and calling as healers and Saint Agnes is no exception.

He knows it is his work, along with his fellow leaders, to wrap the medical staff and associates with holistic support. As he has said many times over the last few months, extraordinary care requires extraordinary care of the caregivers. That comes in many forms; spiritual care, celebrating team, recognizing excellence and wins, and sometimes just sitting in silence together.

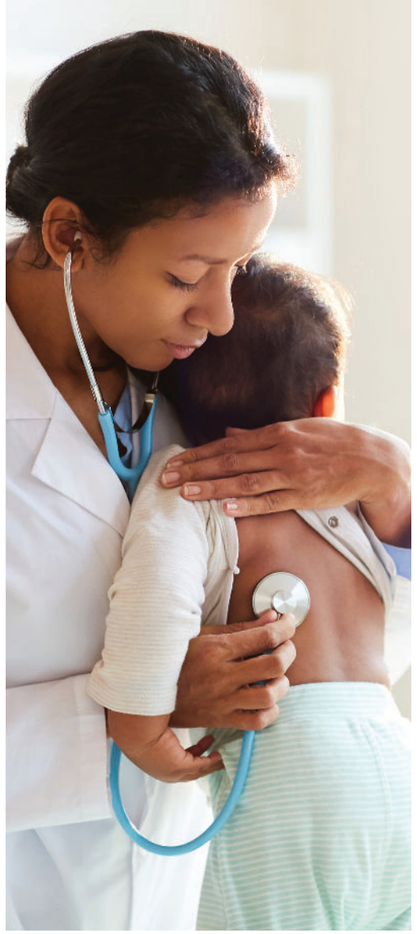
Saint Agnes' steadfast commitment to serving all, with special attention to the poor and vulnerable, creates a distinctive experience for their patients and caregivers. And that goes beyond the four walls of the hospital: the team also shares a deep expression of their Catholic Identity with a humble presence in the communities we serve.

Grounded in the values set forth by the Daughters of Charity, the Saint Agnes team has shown grace and reverence throughout the pandemic, recommitting every day to see each patient as infinitely valuable, loved, and connected to a community. If you ask Bonat what makes Saint Agnes unique, he will quickly say its mission and culture.

With a gentle smile, Bonat shared, "When we realize we are a part of something greater than ourselves, we can make a lasting and significant impact on those we serve."

A sign of hope and healing

The archbishop of the St. Louis Archdiocese visited Ascension's offices to offer a special blessing for our healthcare workers, caregivers, and leaders who have so faithfully served as a healing presence during these unprecedented times. He presented a crucifix similar to one that inspired the Romans to turn to God for hope and healing during an epidemic in 1522. Pope Francis brought that crucifix back to Rome in the early days of the COVID-19 pandemic. The 'pandemic crucifix' then went on to travel across the health system in 19 states and the District of Columbia, serving as a message of hope, comfort, and healing. When the crucifix made its way to Baltimore, the Ascension Saint Agnes team gathered together to reflect and pray for peace.



Marion I. and Henry J. Knott Scholarship Fund

Henry and Marion Knott's story is one rooted in faith, family, community, and hard work. Together, they created a legacy of generosity, which their family continues to emulate today. In 1977 the Marion I. & Henry J. Knott Scholarship Fund (MIHJK Fund) was founded with a focus on supporting the needs of Catholic students and health care institutions in the Archdiocese of Baltimore.

Having raised a family during an era where good medical care was hard to come by, Mr. and Mrs. Knott saw the potential that accessible, quality care had for strengthening the community. Today the MIHJK Scholarship Fund continues to support the compassionate care needs of families and their caregivers throughout Baltimore.

For 21 consecutive years, with donations of close to a million dollars, the MIHJK Scholarship Fund has allowed Saint Agnes to do significant work for those we are so blessed to serve. Mimie Helm, Executive Director of the Knott Scholarship Funds said, "We appreciate the work that Ascension Saint Agnes is doing to support the poor and vulnerable, and look forward to a continued fruitful partnership for the advancement of healthcare in the Baltimore Community."

Living tribute dedication

At the center of the Ascension Saint Agnes campus is a special memorial garden and meditation space. While the Saint Agnes team continues to respond to this ongoing pandemic, we took a quiet moment to memorialize our shared experience and celebrate the courage, dedication, and professionalism shown by our very own healthcare heroes. At the Living Tribute Dedication, we placed a time capsule and memorial that will provide a lasting tribute to the contributions of the team and to those in the surrounding communities who were impacted by the pandemic.

At the ceremony, Dr. William Cook, president, Ascension Medical Group, Baltimore proudly stated, "When future generations look for strength in trying times to come, they will turn to the model of service shown by the healthcare workers of today and our response to the COVID-19 pandemic."

White Mass

The tradition of the White Mass, associated with St. Luke, the patron of physicians and surgeons, whose feast day is October 18, started in the early 1930s through the Catholic Medical Association. Named by the color worn by those in the healing profession of medicine, this annual service is held in recognition of the dedicated work of healthcare professionals and to ask God's blessing upon patients, doctors, nurses, and caregivers.

Held at the Basilica of the National Shrine of the Assumption of the Blessed Virgin Mary, health professionals donned their white coats as they gathered to pray together for their colleagues and patients with Fr. Michael DeAscanis, pastor, St. Louis Catholic Church.

Ed Lovern, Ascension Saint Agnes CEO, was honored to attend and shared, "During one of the most difficult years for healthcare workers, it's moments like these where we can gather in fellowship and faith that keeps us going."

One team. One mission.

Building healthier communities

Physician's practice guided by God's calling

When Mary Ann Sorra, M.D. chose to no longer prescribe birth control for contraception and instead advocate for natural family planning (NFP), she would say it wasn't a decision, it was a calling. A respected OB/GYN in the Baltimore area, Sorra was born and raised a Catholic, so when she started to feel drawn in this new direction, she sat down with then Archbishop O'Brien to seek his guidance and advice. It was not a popular decision, she is the only NFP OB/GYN in the Baltimore Metropolitan area, and in the beginning, it was difficult. Even though she had been practicing for 12 years, she had a lot to learn about using other methods for treating patients besides birth control and received that additional training at the Pope Paul VI Institute.

As time went on, she began to see that NFP was truly life-giving as it empowers women to embrace their fertility and how their bodies are made. Sorra shared, "When I would get worried about my practice, I would remember, it's not mine it's God's. He started it and has made every decision. I am just following his calling."

When Sorra is not caring for her patients, you can find her mentoring Georgetown University medical school students and residents as they rotate through her practice.

She is also a long-term donor to the Ascension Saint Agnes Foundation. She joined Saint Agnes 10 years ago because of its vision and mission and the leadership's commitment to fully embracing its Catholic Identity. Sorra believes that is what makes Saint Agnes different, and she wanted to be a part of supporting their growth and impact.

Throughout her career, and more recently through the pandemic, Sorra shared, "If we keep our faith at the center of all we do, I have no doubt that we will be successful."

Multi-service health center coming soon to Columbia!

In the coming year, Ascension Saint Agnes will open its first multi-specialty health center in Howard County. The vision of the 63,000 square-foot clinic in Columbia Gateway is to create a one-stop-shop which will provide primary care, women's services, a lab, diagnostic imaging, and a variety of other specialties for a comprehensive team approach in an accessible, community-based facility. This model of care is designed to increase overall patient satisfaction, place convenience at the forefront, and improve health outcomes.

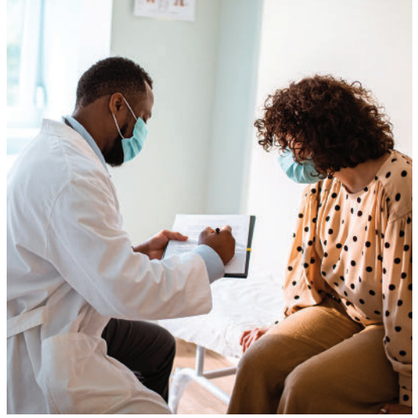
Dr. William Cook, president, Ascension Medical Group Baltimore, played a key role in developing our first multi-specialty health center in Catonsville said, "We want to provide as much care as possible under one roof, so that patients can obtain the services they need in the community, without making multiple trips and multiple appointments."

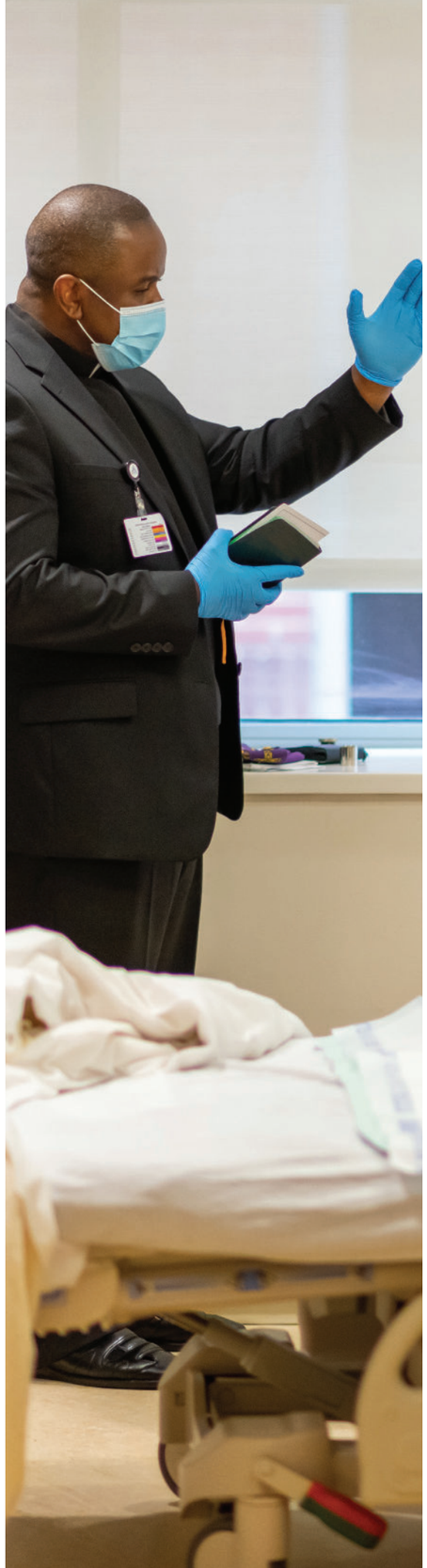
Breaking down barriers to health care access

The innovative Trusted Ride Chaperone Program at Ascension Saint Agnes, believed to be the first-of-its-kind in the nation, provides chaperones for seniors and adults with disabilities as a supplement to existing cost-free rides provided by the hospital. The program increases appointment attendance and works to ensure patient safety, reducing the risk of falls or injury.

While spending time with patients, chaperones address other potential issues such as access to prescriptions and food or concerns related to elder abuse and neglect. Kabir Yousuf, M.D. shared, "There are many great support services, but people are not aware of them. This team helps connect the dots."

When Dorothy Aird talks about her experience, she is very clear in saying, "I wouldn't be here today if it weren't for this program." Dorothy has a chronic disease that requires regular visits to her doctor but getting to and from would be impossible without the support of her chaperones. The team has also helped her with accessing costly prescriptions, critical to her health. She is so passionate about this work that she joined the Trusted Ride Chaperone Advisory Council, sharing her voice to impact change.





Supporting patients with chronic or terminal illness

One of the callings of Catholic healthcare is to accompany patients through pain and suffering in a dignified manner. Palliative care plays an important role in caring for patients who are dealing with serious, complex chronic, or terminal illness. This interdisciplinary approach to caregiving is aimed at optimizing quality of life and mitigating suffering. With a focus on attending to the needs of the whole person—physically, psychologically, emotionally, socially, and spiritually, palliative care helps patients live as well as possible during their illness and provides compassionate care to relieve the range of physical and emotional symptoms that often accompany serious illness or the side effects of treatment. Patients can also expect better communication and more control over their care. Those faced with conditions like chronic obstructive pulmonary disease (COPD), congestive heart failure (CHF) and cancer, benefit greatly from this type of care.

The Ascension Saint Agnes Foundation is proud to have supported the Palliative Care Program, investing in educational tools, resources, and outreach to educate patients and their families with chronic disease about palliative care and the importance of advanced directives.

Standing as a true leader in the delivery of comprehensive bariatric care

There are 86 different medical conditions a person can develop, directly related to obesity. Many of them impact quality of life and some are even life-threatening.

In many cases, those who are obese need tools and support to make good health a priority and stay on track. Bariatric surgery is one tool worth considering, and Ascension Saint Agnes is known as one of the best places in Maryland to turn for care. Excellent outcomes and a commitment to longer term follow-up care after surgery has earned the program designation as a Center of Excellence by the American Society for Metabolic and Bariatric Surgery (ASMBS).

"Saint Agnes is known as a leader in surgical weight loss, able to handle even the most complex cases," said Catriona Swift, DO, part of the bariatric surgery team alongside Andrew Averbach, MD, and Isam Hamdallah, MD. The program has seen a 20 percent increase in patient volumes over the past year, proving the need for bariatric care is growing. "The procedures we offer are incredibly diverse and broad, allowing us to give patients many options, suited to their personal needs and goals," continued Dr. Swift.

In addition to laparoscopic, robotic, and revision surgical options, Dr. Swift offers intragastric balloon and endoscopic sleeve gastroplasty procedures, both of which are minimally invasive and performed endoscopically. Additionally, she is one of only three surgeons in Maryland who performs the duodenal switch procedure; it is ideal for patients who need to lose a great deal of weight or who have severe diabetes. Research shows that bariatric patients will live an average of 6.7 years longer, and that number increases to 9.3 years in cases where the patient was diagnosed with diabetes prior to surgery.

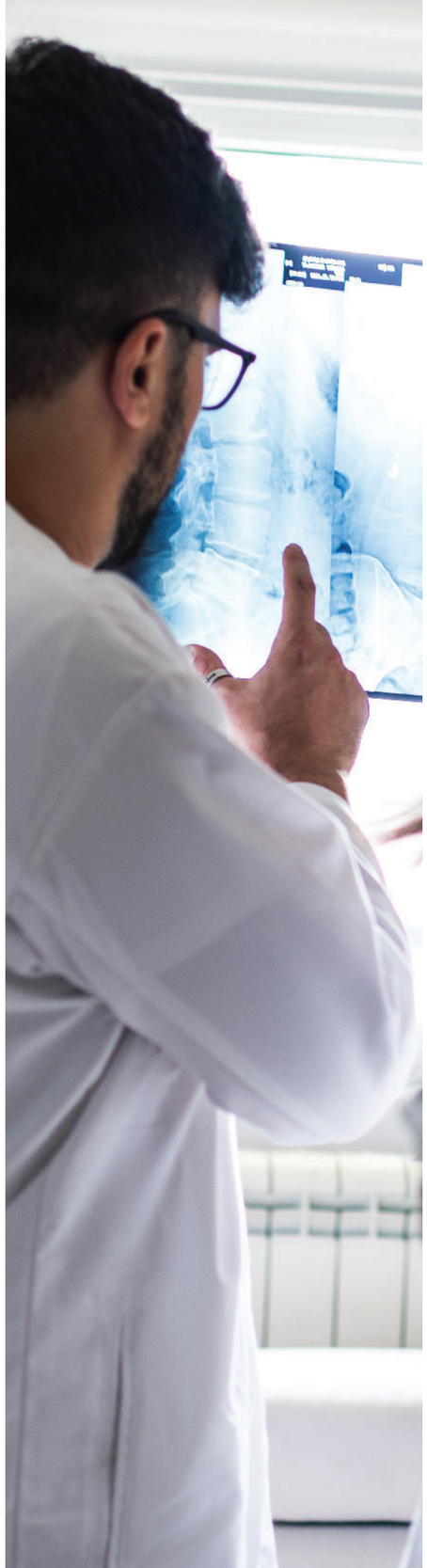
"We know that our work is making a positive difference and building a healthier community," said Dr. Swift. "We take a lot of pride in that."

A BARIATRIC PATIENT STORY

An inspirational story of success

Keith Speights was struggling to live his life the way he wanted to. He was tired all of the time. His body ached. And he found it impossible to do anything physical – from climbing ladders on the job to getting down on the ground to play with his grandchildren. At 329 pounds, he knew it was time to make some serious and permanent changes and made the decision to have bariatric surgery at Ascension Saint Agnes. Keith's gastric sleeve surgery resulted in a weight loss of more than 110 pounds. Today, his life is different in every imaginable way. He makes smart, conscious decisions about food and exercise. He enjoys being active with his family. And, he has completed three triathlons, and is training for the 2022 Baltimore Marathon.

"The education and support you receive at Saint Agnes is truly top notch, and is why I have been so successful," said Keith. "I now live to support and inspire others."



Thinking forward about orthopaedic care

Ascension Saint Agnes Hospital has been long recognized as a local leader in the delivery of comprehensive orthopaedic care. Over time, the organization has invested in people, facilities, and technologies to give patients access to the latest, most cutting-edge levels of care. Today, there is much focus on leveraging that strong foundation to propel a vision forward. Last year, an Orthopaedic Co-Management Group was formed, bringing doctors and hospital administrators together on a regular basis to discuss the future of orthopaedic care at Saint Agnes, and the steps that can be taken to optimize the patient experience as well as clinical outcomes.

"We have the potential to position this hospital as a destination for best-in-class orthopaedic care," said Sam Sydney, MD, an orthopaedic leader who specializes in minimally invasive and arthroscopic surgical cases. "It's an exciting time for our leadership team, our medical staff, and the community we serve. We are committed to building a department that is innovative, forward thinking, and capable of setting new baselines for excellence in orthopaedic care."

Computer-navigated surgical procedures have gained a lot of momentum in the orthopaedic industry in recent years, as has the introduction of rapid recovery and same-day-discharges following minimally invasive and arthroscopic procedures. Saint Agnes' orthopaedic team is committed to offering and advancing both. The hospital's ability to accomplish that requires a true team approach, with input, collaboration, and buy-in from administrators, surgeons, operating room teams, inpatient nurses, therapists, and educators.

"Many providers touch and interact with our orthopaedic patients during their journey of care, and we are gathering ideas and perspective from all of them as we build our specialty team for the future," said Dr. Sydney. "We want our people to understand their role and value in our process of growth, and to be proud of where we are, as well as where we are going, as an orthopaedic service line."

One team. One mission.

Building moments of celebration

Celebrating our team

It is impossible to look back at the last year and not honor and celebrate the team at Ascension Saint Agnes who came together to support each other, their patients and families as well as local community members. Saint Agnes has always been known for the spirit of our caregivers and their unwavering commitment to excellence and innovation paired with a kind and caring touch. Every single team member from every department gave their best, even at times when they didn't think they had much left to give. Their dedication has not gone unnoticed. We are incredibly thankful to this team and grateful to call them ours.

You are all angels. God Bless each of you. We will continue to pray for your protection. Thank You!

Celebrating our Top Docs

More than 90 Ascension Saint Agnes doctors across 57 specialties were recognized as "Top Doctors" in *Baltimore* magazine, and several physicians received recognition in more than one category.

Each year, the magazine surveys thousands of physicians across the Greater Baltimore area asking them for the physicians to whom they would send a family member for care.

Celebrating our nurses

Baltimore magazine's Excellence in Nursing recognizes and salutes a profession that is the backbone of healthcare. Saint Agnes was proud to have five of our nurses, all in unique specialties, honored this year.

Healthcare Heroes

The Ascension Saint Agnes Emergency Department was honored with the *Daily Record* Healthcare Heroes Award for their work supporting patients and the community throughout the COVID-19 pandemic. This team was faced with the first COVID positive patients and demonstrated courage and commitment to care and continued that spirit as they went on to serve a multitude of patients that followed through the pandemic. In an unknown and stressful dynamic, the team offered innovative ideas to patient flow and care, worked long hours and in many cases isolated themselves at home or sent their young children to live with other family members to avoid exposure.

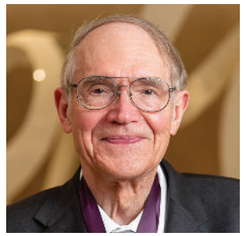
Nurse Manager Carole Gallaher may have captured their heroism best when she shared, "I look at the eyes of my staff hovering over the edge of their masks every day. Sometimes those eyes were filled with fear, sometimes with tears, but always willing to go above and beyond."

ISHRAT RAFI, MD

Healing Hands Class of 2021 inductees

The Healing Hands Society is an honorary membership group celebrating those who have excelled in clinical excellence, innovation, leadership, and service to our community. We congratulate the Class of 2021.

JAY GERSTENBLITH, MD



RONALD GILLILAN, MD

RICHARD POMERANTZ, MD

Mayor's Business Recognition Award

Ascension Saint Agnes received the Mayor's Business Recognition Award, which honors organizations that have demonstrated significant leadership and service to improve the quality of life in Baltimore. The annual award recognizes specific activities that have significantly benefited Baltimore City and are outside the regular mission or day-to-day work or activities of the business.

At the beginning of the pandemic, Ascension Saint Agnes stepped up to assist in many capacities. They partnered with Baltimore City Health Department to vaccinate over 1,600 first responders at the hospital and increased access for seniors and other vulnerable populations through mobile vaccination clinics in the community. They also collaborated with the Archdiocese of Baltimore and faith leaders all over the city to provide education, testing, and vaccinate residents. These partnerships and others have allowed Ascension Saint Agnes to vaccinate more than 30,000 members of the community.

Community Benefit

ASCENSION SAINT AGNES HEALTHCARE CHARITABLE GIVING **TOTAL $33,300,000**

Category I FY 2021 **$13,300,000**

Traditional charity care: Includes healthcare services provided to persons with inadequate resources because they are uninsured or underinsured.

Category II FY 2021 **$14,900,000**

Unpaid cost of public programs: Represents the cost of public programs for the poor that exceeds reimbursement of Medicaid and other public programs.

Category III FY 2021 **$4,300,000**

Programs for persons who are impoverished: Includes costs incurred for programs not directly related to healthcare that benefit those who are impoverished.

Category IV FY 2021 **$800,000**

Community benefits: Includes community benefit programs and services for the general community, including health promotion and education, health clinics and screenings.

Financial Report, Fiscal Year 2021

SYSTEM MEMBERS AND AFFILIATIONS

Ascension Saint Agnes Foundation
Ascension Medical Group, Baltimore
Ascension Saint Agnes Hospital
Seton Imaging Center

Staff Information

Associates	2,534
Full-time Equivalent Associates	1,790
Employed Physicians	240

Statistics

Discharges	10,788
Newborn Births	1,437
Surgical Visits	6,250
Total Bedded Care Days	62,164
Emergency Room Visits	60,674

Financial Information
*dollars in thousands

Total Assets	$387,019
Operating Revenues	$495,389
Income from Recurring Operations	$ 34,348

Donor thank you

Ascension Saint Agnes and the Board of Directors are grateful for the generous support of the many individuals, corporations, and foundations who advance the mission of Saint Agnes through their philanthropy and leadership.

GIFTS OF $25,000 & ABOVE

Michael Gallerizzo, Associated Italian American Charities
Marion I. & Henry J. Knott Scholarship Fund
Nora Roberts Foundation
Oasis Institute

GIFTS OF $5,000 TO $24,999

Atlantic Union Bank
Ms. Mary Austin
Ms. Mary Catherine Bunting
Dr. J. William Cook
Dr. Frank C. Marino Foundation
Fidelity Charitable Gift Fund
Five Star Federal Credit Union
Frank and Clara Hirsch Foundation
Goldberg Rhapsody Foundation
Mr. & Mrs. Michael David Greenberg
Mr. Mitchell Lomax
Mr. Ed Lovern
Dr. Carole B. Miller
RCM&D
Dr. Ann E. Reed
Mr. John Reybold and Mary Ann Sorra, M.D.
St. Bernadette Parish
The Theophilus & Marie Cover White Memorial Fund
United Way of Central Maryland
Mr. David Weaver
Dr. & Mrs. Kenneth Williams

GIFTS OF $1,000 TO $4,999

American Cancer Society
American Cancer Society - Shared Service Center
Dr. Shadi Barakat
Mrs. Katherine C. Caple
Mrs. Cathy Carr-Dadin
Dr. Steven Cunningham
Dr. Jonathan D'Souza
Dr. Kala Davis-McDonald
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Dr. Vito N. Giardina
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Mrs. Bonnie Phipps
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Dr. & Mrs. Sam Sydney
Mrs. Ann Thomas
Mr. & Mrs. Patrick Trotta
Ms. Season Voelker
Mr. John Wheeler
Mr. John Withgott
Dr. Kabir Yousuf

GIFTS OF $75 TO $999

Mr. Akwasi Adjei
Mrs. Nakia Allen-Berhan
Dr. Michael Allison
AmazonSmile Foundation
Ms. Akeisha Pearl Anthony
Anonymous
Dr. & Mrs. Paul Apostolo
Mr. Terry Artz
Ms. Tabitha Atkins
Ms. Avis Atkinson-McCullough
Babson College
Ms. Angela Bacon
Dr. Martha Baker
Dr. Eric Balighian
Baltimore Guild Catholic Medical Association
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Ms. Tracy Boecker
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Mr. Glen Cunningham
Dr. Thelma Daley
Daughters of Charity
Dr. Amy Davis
Dr. Eugene DeLara
Mr. Carl DeLorenzo
Mr. Harikrishna Devalapally
Mr. Robert DeVault
Diabetes Charities of America
Ms. Maria Diaz
Mr. & Mrs. Brian Donchez
Mr. Thomas Dudek
Ms. Debra Christine Edelin
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Dr. Bryan Hansen
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Mrs. Gail Newcomer
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Ms. Keydash Sisters
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This Annual Report covers benefactors who have given $75 or more from January 1, 2021 to December 31, 2021. Every effort has been made to insure the accuracy of this report, but mistakes occasionally occur despite our best efforts. We apologize for any omissions, misspellings, or errors and welcome your corrections. Please call the Foundation office at (667) 234-3155 to notify us.

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